

# Jewish Community of Amherst

הקהילה היהודית של אמהרסט



Jewish Reconstructionist  
Federation 

## Candle Lighting

September 4 ~ 7:01 pm  
September 11 ~ 6:48 pm  
September 18 ~ 6:36 pm  
September 25 ~ 6:24 pm

*Times shown are 18 minutes  
before sunset for Amherst, MA*

## Special Events

### September 3

New and Prospective  
Member Open House

### September 6

Clean Up Day

### September 12

Selichot

## Meetings

### September 2

Religion Committee

### September 3

Board Meeting

### September 9

Chesed Committee

### September 10

Board Meeting

### September 16

Education Committee

## B'nai Mitzvah

September 5- 4:00 pm

Lily Blain

5770

**L'SHANA TOVA**



**A Sweet, Healthy, and  
Peaceful New Year to All!**

See pages 10-13 for a  
schedule of High Holidays  
services and other  
information.

## Message from Co-president

Lisa Perl binder, 230-3055, lperl binder@aol.com

### Is Virtual Forgiveness Enough?

Dear Members of the JCA,

In preparation for the High Holidays, it is traditional for President's messages across the United States to exhort their fellow congregants to repent and change their behaviors - to "think and do the the right things". I would like to pose an interesting question to this special community which is different from other shuls in so many ways. Have any of you really done anything so wrong that requires extreme repentance? Even though I know that there are no "Madoffs" among our membership, I would encourage each of us to look inward with a critical eye and see what we could do just a bit better next year, even if we feel we have already lived fairly, generously, with love and honor.

I looked up all of the varied terms for the High Holidays which range from "Yom Teruah" the day of sounding the Shofar to Yom HaZikaron - the Day of Remembrance for the creation of the world. Rosh Hashanah is also called Yom HaDin - the Day of Judgment when each of us stands before God and appeals for forgiveness for our sins. But the definition that always stuck with me most was the one taught by Maimonides that the sound of the Shofar calls out to us, "Awake all you who are asleep; search your ways and mend them in repentance." This caused me to ponder what I had really done wrong this past year and how can I try to fix it.

I say this not judgmentally, as everyone knows I have made plenty of mistakes as a mother, stepmother, daughter, wife, and employee. It's something ephemeral beyond the wrath I should hold back when I find dirty laundry all over the house. I mean that in order to get the most out of the holidays and this special time, we should all 'get with the pro-

gram' and do some introspection as opposed to existing in the anesthetic reality of daily life in the era of Web 2.0.

When the torah and midrash regarding the High Holidays were written, there were no TV's, computers, or mass media. People did not read about the horrors of war and other calamities in panoramic photos in Time Magazine. Rather, they confronted their lives - one individual interaction at a time versus sending an update to all the fans on their Facebook page.

We are at a unique crossroads in the world for all religions and belief systems - is virtual communication and community enough to live Jewishly and make a difference? Is an apology through email the same as saying I am sorry to your spouse or neighbor face to face? Can becoming a "fan of a cause on Facebook" (now called 'slackerism') make the same difference to your community as volunteering for a committee, helping at an event, or making a donation to the Annual Appeal?

This may be old school, but to support the next generation who will find it even harder to separate from their screens or iPhones, we need to be present - especially at the JCA. Join us for the various services planned for the High Holidays where once again, tickets are free and all are welcome. There are many types of services, opportunities to see friends, and experience the holidays in a new way. And if we make an appeal for money or volunteers, please consider it with openness and understanding. Our words and deeds mean so much more right now than clicks of a mouse. Let's make this year a wonderful one for our community.

*L'Shana Tovah with love,  
Lisa*

September 2009

Elul 5769/Tishre 5770

Vol. 8, Issue No. 8

## *Jewish Community of Amherst, Inc.*

742 Main Street, Amherst, MA 01002  
 (413) 256-0160, fax (413) 256-1588  
 Religious School (413) 256-0160 ext. 203  
 email: info@j-c-a.org; On line at: www.j-c-a.org

**Rabbi David Dunn Bauer**

**Rabbi Emerita Sheila Weinberg**

**Rabbi Emeritus Yechiael Lander** (586-1137)

**Director of Life Long Learning: Jody Rosenbloom** (256-0160 ext. 203)

**Teen Program: Rachael Goren** (256-0160 ext. 208)

### **Office Hours:**

Tuesday - Friday: 10:30 - 4:00

Wednesday: 4:00 - 6:00 & Sunday 9:00 - 1:00

*(When Religious School is in session)*

### **Board of Directors**

#### **Officers:**

**Co-presidents: John Loeb** (253-0336), **Lisa Perl binder** (230-3055)

**First Vice President:** Guy Wood

**Second Vice President: Ted Trobaugh** (549-5468)

**Third Vice President: Eli Kwartler** (253-2929)

**Treasurer: Alan Peterfreund** (253-5485)

#### **Members:**

Kitty Axelson-Berry, Michael Chernoff, Jerry Friedman,  
 Mark Israel, Molly Jackson-Watts, Oran Kaufman,  
 Fred Levine, Andra Rose, Sarah Thomson, Phil Weilerstein,  
 Marian Wolfsun

**Membership: Robyn Miller** (549-4060), **Oran Kaufman** (548-8139)

**Office Administrator: Marcia Howard** (256-0160, info@j-c-a.org)

**Administrative Assistants: Bonnie Webster, Eric Delisle** (256-0160)

For information about using JCA space including  
 renting the Social Hall, contact:

**Events Co-ordinator: Linda Cooper** (256-0160 ext. 207)

For a list of committee chairs and members, go to:  
<http://www.j-c-a.org/committees.html>

Please refer to your Membership Directory for contact information.  
 (If you have not received your Membership Directory, call the office.)

### **NEWSLETTER**

**Editor/Graphic Designer: Aaron Bousel**

(Voice: 253-3544, Voice & Fax: 253-3846; news@j-c-a.org)

**Proofreader: Sarah Thomson**

**Deadline for the October issue is September 11th**

*September 2009, Vol. 8, Issue No. 8*

*Newsletter is published 11 times per year.*

*Subscription price is included in membership.*

## **Chesed Committee**

The Chesed Committee assists JCA members in times of joy, sorrow and need, coordinating volunteers to help with meals, rides, errands, visits, shiva minyans, and other needs. We also welcome new members and babies! Please contact us if you would like to join the committee or be added to our list of volunteers.

Also, if you, someone in your family, or someone in the community is ill, hospitalized, or in need of assistance, please contact us right away. Even if visits or phone calls are not desired, it is important to us as a community to be aware of the health and well-being of our members and their families. We realize that providing this kind of information feels awkward to many people, but it is an important facet of being in community. We cannot help if we do not know.

Contact the Chesed Committee through the JCA office at 256-0160.

## **Beit Shalom Committee**

The Beit Shalom Committee is available to members of the JCA congregation wishing assistance in addressing personal differences that have arisen between individuals, among committees, or with those in leadership positions within the JCA. Accordingly, if you have concerns or disagreements, or feel a desire to enhance communication with another member, a committee, or leader, please contact a Beit Shalom Committee member to facilitate this process. All such communications will be kept strictly confidential unless agreed upon differently by the participants.

Committee members are:

Eva Metzger Brown: 256-8066  
 embrown13@comcast.net

Josette Henschel: 213-0186  
 josette.henschel@aic.edu

Rob Okun: 253-9372  
 raokun@verizon.net

Kitty Talan: 253-2248  
 kittytalan@comcast.net

Haim Gunner: 549-0447  
 haim\_gunner@yahoo.com

**Devarim:****Words from Rabbi David Dunn Bauer****Shalom!**

The chagim mark our changes and transitions, our achievements and our failures, our fears and our aspirations. We examine our souls' journey over this past year and we stand in front of God, ready to be held accountable for how well we have loved and how badly we have injured the world along the way.

For each of us the process of teshuvah -- return and repentance -- is individual. I know that for each of us, some moment of the past year is a source of tremendous pride and satisfaction in our strength and nobility, while another moment is a cause for embarrassment and disappointment at our selfishness or cruelty. We share a responsibility to sort out the jumbled mess of the year and to repair as best we can any brokenness we have caused. It's a shared responsibility, but the work is personal and individual. I urge us all not to wait until Rosh Hashanah to begin the task of cheshbon nefesh -- examining the soul -- and making amends.

In fact, start now. Right this moment make a list of the dearest people in your life, the ones you are most likely to

have hurt. Now set aside time (which means take out your calendar or your iPhone or whatever you use and write it onto your schedule) to review the year and have whatever interaction is needed for you to do teshuvah. Look over your check-book record and be clear about how much tzedakah you have given, and then give a little more.

Teshuvah is always hard. It is always intimidating to acknowledge both the best and the worst of our actions over the past year. We need to review the past in order to begin anew.

High Holiday services don't make the work less difficult, they make it less lonely. The JCA offers so many different worship opportunities in so many different styles to make sure that none of us is left alone in the arduous task of repentance. At whichever services you attend God will be there. No matter which service you attend, you will encounter your conscience. At every service you attend, you will feel the warmth of this community.

*L'shanah tovah tikateivu!* May each of us be inscribed for a good new year!

*Rabbi Bauer*

**Also from Rabbi Bauer:**

On June 4 of this year, I spoke at "An Act of Faith" -- Massachusetts Communities of Faith Speak Out for Transgender Equality -- at Edwards Church, Northampton. This interfaith service was largely organized by Beit Ahavah and was an occasion of remarkable spiritual power. I was very proud that the JCA Board agreed to co-sponsor the event, alongside the other synagogues of the upper Pioneer Valley and many area church communities.

The service addressed the need for Transgender rights and protections as a matter of civil rights and religious obligation. We at the JCA have long welcomed transgender people as full participants in our communal life. I am hopeful that this year we will make that welcome explicit in our mission statement and all related documents. This fall, I will invite members of the community to a conversation about how we educate ourselves about LGBT issues, the need for Trans rights legislation in Massachusetts and nationwide, and the process by which we best bring our mis-

sion statement up to date. The words below are adapted from my remarks at the June 4th event.

*Shalom!*

I am Rabbi David Dunn Bauer. I am an out, queer rabbi, and I serve the Jewish Community of Amherst. We are proud to be co-sponsors of this event.

I want to talk about energy, chaos, order, constriction, fear, compassion, and impatience.

So many creation myths focus on the Divine conquering of undifferentiated energy and chaos, imposing order on what we don't know, don't understand easily, don't see clearly. In Jewish tradition, there was *tohu vavohu*, a dark and unformed chaos that God illuminated and differentiated into the world we inhabit.

In Jewish sacred stories, we as a people gain our name *Yisrael* when Jacob struggles with the stranger who tries to pin him down.

Spiritually and emotionally all humans fear chaos, just as we all fear constriction. My reading of religious history is that religious traditions attempt

to conquer chaos by imposing order on it. They believe, because it simplifies, that order is where *kedushah* -- holiness -- is found. Often binary, the simplest, most streamlined framework conceivable, this order is meant to save us from having to confront what confuses us and makes us afraid.

I have compassion for the fear of chaos and confusion, but after a lifetime of being pinned down, I have no more patience for it.

Unity, as a vessel, as a container that can hold us together, is a better sacred medium, a better way of expressing holiness, than the imposition of rigid boundaries that cannot help but constrict.

In that spirit, please join me in leading us in the *Holly Near* song printed in the program.

*We are a gentle angry people, singing for our lives.*

*People of many faiths as one, singing for our lives.*

*We are all in this together, singing for our lives.*



## Religion Committee

Paul Charette, Co-chair, 860-559-4926, cyclone411@charter.net  
 Sarah Thomson, Co-chair, 413-253-2930, allset22@verizon.net

### RELIGION CALENDAR

#### Shabbat Ki Tavo, *Deuteronomy 26:1-29:8*

##### September 4, Friday

5:30 PM

Intergenerational Family Service followed by potluck supper

Service Leader: Rabbi Bauer

##### September 5, Saturday

10:00 AM- Reconstructionist Service

Service Leader: Rabbi Bauer

D'var Torah: Rabbi Bauer

10:00 AM- Masorti Service

4:00 PM- Minchah Service

Bat Mitzvah: Lily Blain

Service Leaders: Lily Blain & Rabbi Bauer

D'var Torah: Lily Blain



#### Shabbat Nitzavim/Vayelech

*Deuteronomy 29:9-31:30*

##### September 11, Friday

6:15 PM

Service Leader: Rabbi Bauer

##### September 12, Saturday

10:00 AM

Service Leader: Rabbi Bauer

D'var Torah: Rabbi Bauer

8:30 PM- Selichot

Mindfulness & Teshuvah-

Program at Congregation B'nai Israel (see next page)



#### Rosh Hashanah

##### September 18, Friday- Erev Rosh Hashanah

5:45 PM- Reconstructionist Service

5:45 PM- Teen Schmooze/Service

8:15 PM- Masorti Service

##### September 19, Saturday- Rosh Hashanah, Day 1

9:00 AM- Reconstructionist Service

9:30 AM- Masorti Service

#### Youth Services and Activities

10:00 AM- Shofarot Program

11:30 AM- Family Service

##### September 20, Sunday- Rosh Hashanah, Day 2

9:30 AM- Service

The first part of the service will be Reconstructionist, however, there will be a musaf service in the masorti style

10:00 AM- Hiking Service

Meet at the Notch Visitor Center

4:00 PM- Tashlich at Groff Park



##### September 21, Monday- Fast of Gedaliah



#### Shabbat Shuvah, Parashat Ha'azinu

*Deuteronomy 32:1-52*

##### September 25, Friday

6:15 PM

Carlebach Style Service followed by potluck supper

Service Leaders: Larry & Deb Fine

##### September 26, Saturday

10:00 AM

Service Leaders: Ruth Love Barer & Randi Stein

D'var Torah: To be announced



#### Yom Kippur

##### September 27, Sunday- Kol Nidre

5:45 PM- Reconstructionist Service

8:15 PM- Masorti Service

##### September 28, Monday- Yom Kippur

9:00 AM- Reconstructionist Service

9:30 AM- Masorti Service

5:00 PM- Minchah/Ne'ilah

#### Youth Services and Activities

10:00 AM- Shofarot Service

11:30 AM- Family Service

See pages 10–13 for more  
High Holidays information.

### ***Kiddush and Oneg***

#### ***Sponsors***

September 5, Mincha-  
Peter and Lisa Blain in honor  
of their daughter Lily becoming  
Bat Mitzvah

**Please make sure you speak  
to Linda Cooper and fill out a  
Kiddush/Oneg sponsor form  
to assure that the date you  
want will be reserved.**

### ***Mindfulness & Teshuvah:***

#### **A Selichot Event**

Saturday, September 12

8:30 pm

All are welcome to a  
Selichot Evening

with the communities of  
*Beit Ahavah*  
*Congregation B'nai Israel*  
and the  
*Jewish Community of  
Amherst.*

Please join us for an evening  
of spiritual preparation for  
the High Holidays as we  
explore mindfulness practice  
to deepen our awareness  
of kindness and spiritual  
connection.

Rabbis **Justin David**

(Congregation B'nai Israel),  
**Riqi Kosovske** (Beit Ahavah)  
and

**David Dunn Bauer** (Jewish  
Community of Amherst)  
will lead us in this evening  
incorporating meditation,  
conversation and prayer.

**To be held at**

**Congregation B'nai Israel**

For more information,  
please contact  
413-584-3593 or  
bnai.israel@verizon.net

### ***First Friday Night Service and Potluck Supper***

Please join us on the first Friday of each month at 5:30 pm for a brief child oriented service followed by a potluck supper. Although the service is geared towards young children, it contains all the elements of a regular Friday evening service, including mourner's kaddish. People of all ages are encouraged to attend. It's a wonderful opportunity to get to know each other in a relaxed and friendly atmosphere.

### ***Masorti Lay-led Shabbat Minyan***

The next Masorti Minyan will be on

Saturday, September 5th at 10:00 am

All, including families with children, are welcome to attend and to take a leadership role.

For details contact: Catherine Madsen, 253-2930

### ***Foot Stomping Melodies for Welcoming Shabbat***

The next Carlebach-style service will be on September 25th at 6:15 pm.

The melodies are beautiful, the spirit/ruach is incredible.

There will be a potluck supper following the service.

### ***Chemical Sensitivities***

A number of our members have allergies to perfumes, colognes and other fragrances. Please try to minimize the use of these products when coming to JCA services and other events. Please inform your guests about this policy as well

### ***Rabbi Liaison Committee***

The Rabbi Liaison Committee's charge is "*to provide an effective process that will expand and enhance both the functional and personal relationships between the Rabbi and the JCA community.*" If there is an issue that you would like the committee to consider with Rabbi Bauer, please contact a Rabbi Liaison Committee member:

Aaron Bousel (253-3544), Judy Glaser (253-9607), Haim Gunner (549-0447),  
Ruth Kane-Levit (548-1083), Eli Kwartler (253-2929).

### ***New App for your iPhone or iPod***

New cities can be lonely and alienating, both for the traveller and the new resident. As Jews, we are lucky that in almost any country in the world we can find a community with which to eat, daven and feel at home. Now there's an iPhone/iPod Touch application, SYNAGOGUES, to find nearby synagogues from a database of almost 5,000 shuls. It costs \$0.99 to subscribe.

The data was collected and the application created by two Columbia University students to make it easier for people to find a place to say kaddish, or a community with which to share a warm meal. Newcomers to a city will be able to map out the nearby shuls, selecting the ones they'd like to visit based on denomination, distance or size. Finally, they say they hope that providing a digital interface to the world's synagogues will make it that much easier to bring younger members of the community into congregations.

## Education News

**Jody Rosenbloom, Director of Life Long Learning, 256-0160, ext. 203**



### Welcome Back – School Year 5770

Programming throughout the JCA is about nurturing Jewish experiences and social connections. We encourage everyone to see paths between programs, people and community. We have teachers Andrea Olkin, Ruth Love Barer and Melissa Zeitz returning, a record number of Teaching Assistants ready to help, and some new faces, too. Wednesday will continue to have a Hebrew focus; with on-going student assessments and class with Master Teacher Andrea Olkin, individual and small group independent study, review games, and recess. We have scheduled Shabbat dinners, coffee talk/tea time for parents, and a few family education programs. We are focused on doing what is workable given Rabbi Bauer's sabbatical and transition year. We look forward to seeing your family join us this year. Watch the Thursday email for up to date announcements & opportunities. L'Shana Tova – To a Happy New Year.

### The Sooner The Better

#### New Shabbat Shalom Group Starting Sept. 12

If your children or grandchildren are 4-6 years old, have them come to our Shabbat morning play & learn group. Shabbat Shalom meets once a month from 10:30am-12 noon and is led by veteran teacher, Melissa Zeitz. We facilitate a concurrent parent/grandparent discussion group every other month. This group is open to members and non-members for a small fee. Pre-registration is required. Contact Eric at 256-0160 or edassist@j-c-a.org.

### Banquet Honors Director of Teen Programming, Rachael Goren

Recipient of a 2009 Unsung Hero Award

Each year, the Harold Grinspoon Foundation acknowledges the efforts of the professionals and lay leaders in our community with four Unsung Hero Awards. We were so proud, when last spring it was announced that Rachael Goren was selected from local nominees for her outstanding service in building teen community at the JCA and in the region. She receives a \$1,000 cash award as well as recognition during a special banquet on September 30 in Springfield.

### An Update on Our Easy Fundraisers (To Help Subsidize Tuition)

1. Bring in those Box Tops for Education. We will be redeeming them soon.
2. Support your coffee buzz & order Dean's Beans Fair Trade Coffee.
3. Sign Up at Big Y for the Education Express Program. Designate JCA School to be the recipient of special points that build purchasing power for school supplies and equipment.
4. Printer Cartridges? We are no longer collecting printer cartridges for recycling.
5. Bring in old shoes for the month of September: While the money does not go to us, it is a re-use friendly effort - JCA member & Social Entrepreneur, Michael Aronson, works to recycle old, but useable shoes. A portion of profits goes to Special Olympics. The box is in the lobby/coat room.

## Calendar

Sat, Sept. 12	Opening Day for 7th Grade w/Parents (10:00-11:00 am) Shabbat Shalom (for 4-6 year olds) begins 10:30 am- 12:00 pm
Sun, Sept. 13	Opening Day for Grades 1-6 w/Parents (10:00 am-12:15 pm) Parents are invited and expected to attend their child's opening program
Wed, Sept. 16	Education Committee at 6:00 pm
Sat/Sun, Sept. 19/20	No Class – Rosh Hashanah
Sun, Sept. 27	No Class – Kol Nidre/Erev Yom Kippur

### Dean's Beans Enters 4th Season

The Dean's Beans Organic Coffee fundraiser resumes this month with all profits supporting the JCA's Religious School. Orders are accepted each month from September through July. Order forms with due dates for the season are available in the JCA lobby or by contacting susanweinstein1@yahoo.com. Get on the e list for monthly reminders.



**The next order due date is Sunday, September 6th for pick up on or after September 11th.**

*Dean's Beans Organic Coffee  
great coffee, great price, great cause!*

## Arts and Culture Committee

### New Exhibits in September

We are pleased to announce that new member Susan Pepper Aisenberg will be exhibiting some of her work at the JCA starting in the middle of September. In addition, we will be having a display of drawings by children from Darfur in the social hall. This exhibit is part of the ongoing work of the Pioneer Valley Darfur Committee. Member Devorah Jacobson is the JCA representative.

## JCA Food Collection at Stop & Shop

CONGRATULATIONS!!! to those members of the JCA who helped with the food/money collection at the Stop & Shop in July. 2,500 pounds of food were collected and brought to the Amherst Survival Center for distribution to those in need. Almost \$300 was collected as well. The food was particularly needed to help stock the Emergency Food Pantry during the summer when collections and contributions slack off but demand does not.

Many thanks to volunteers **Dave Schimmel, Fay Zipkowitz, Saul Gladstone, Esther Schneier, Sara Berger, Tom and Johanna Plaut, Shirley Vernick, Hill Boss, Kitty and Ken Talan, Pearl-Ann Margalit, Anita Page, Irene Eigner, Judy Fonsh, Nancy Cohen, Michelle Horowitz, Ruth Lewin, and Leah, Reed and Arnie Alper.**

## Harmoniyah 2nd Biennial Retreat

**Thursday, October 29-  
Sunday, November 1, 2009  
in Bethesda, Maryland  
(just outside Washington, DC)**

Experience a wonderful opportunity for learning, professional development, spiritual growth, lots of music-making and seeing old and new friends in the JRF world.

This year's retreat is hosted by Adat Shalom Reconstructionist Congregation in Bethesda, Maryland.

More information to come. Check the JRF website:  
<http://www.jrf.org/>

Harmoniyah is the music network of the Jewish Reconstructionist Federation. It is a group of talented musicians, both professional and volunteer, who serve JRF congregations in a myriad of musical and spiritual ways.

## Adult Reading Group

The first meeting of the reading cycle for the JCA Adult Reading Group will take place on Wednesday, September 2, 2009 at 7:30 p.m. in the multipurpose room. The book for discussion is *The Jewel Trader of Pegu: A Novel* by Jeffrey Hantover. From Publishers Weekly, "Jewish jewel trader Abraham, a widower at 28, leaves Venice in 1598 for Pegu, a Burmese kingdom halfway around the world, where he is to settle and acquire high-quality gems for the family business. In his letters home, which comprise much of the novel, Abraham, liberated from the ghetto, delights in the freedom to walk when and where he will, but soon discovers that foreigners are expected to perform a specific service to bring luck to the marriages of young brides, one that is forbidden by Jewish law."

This is the first meeting of four for the year, which goes from September through June. New group members are always welcome. If you have any questions, please call Ken Talan at 253-2248.

### *The Deadline for the October Newsletter is September 11th*

All submissions **MUST** be made either by e-mail or e-mail with a file attached. If you do not have access to a computer or email, please contact the editor.

PLEASE RESPECT THE DEADLINE!

Thank you, Aaron Bousel, [news@j-c-a.org](mailto:news@j-c-a.org) 253-3544

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## Jewish Community of Amherst Regional Teen Programming

The JCA houses teen programming for Jewish teens in grades 7-12 all over the Pioneer Valley. We offer a number of programs to teens to meet their needs, including: informal education, social programming, community service, leadership opportunities, and programs such as White Water Rafting, Havdallah & Chinese Food, Panim el Panim, and Bling my Shabbat (just to name a few). Our goal is to nurture Jewish teens' identities and help build community, while offering a variety of programs with which teens can be involved. Contact [JCAteens@gmail.com](mailto:JCAteens@gmail.com) or [JTOVteens@gmail.com](mailto:JTOVteens@gmail.com) for more information.



### Jewish Community of Amherst JCAT Teen Group

JCAT is opened to Jewish teens in grades 7-9 in the Amherst and surrounding areas. We have a leadership board that meets monthly and helps to plan all the events and programs. Our past JCAT programs have included schmooze with the Jewz, MLK Sleepover, white water rafting, snow tubing, mini-golf, and movie nights. JCAT's programs include social events, leadership opportunities, community service mitzvah days, and programs on Israel, Jewish values, and holidays.

### קהילה KEHILA & CONFIRMATION PROGRAM

Teens in grades 8-12 are eligible to attend Kehila, an informal educational program that meets twice a month on Wednesday evenings from 6-8pm. The evening includes a dinner and schmooze time, core curriculum class, snack break, and choice of electives. Students in grades 10-12 will be in Confirmation Class led by the Rabbi. Students can choose from a number of electives, including (but not limited to): Hebrew, Jewish Values through Theatre, Jewish Arts and Culture, and Jews in Film.

### WORK OPPORTUNITIES

Post B'nai Mitzvah teens are eligible to apply to become a TA in our JCA school or in the office. TAs are paid an honorarium and receive basic training and support as necessary. Contact Jody Rosenbloom at [eddir@j-c-a.org](mailto:eddir@j-c-a.org). High school students are eligible to work in the kitchen and help out with events and simchas. Contact Linda Cooper at [lcooper@j-c-a.org](mailto:lcooper@j-c-a.org).



A COLLECTIVE OF UPPER PIONEER VALLEY JEWISH TEENS

JTOV is open to all Jewish teens in the Upper Valley. This collective is funded by the Harold Grin-

spoon Foundation Teen Initiative, Jewish Community of Amherst, Congregation B'nai Israel, Beit Ahavah, and Temple Israel in order to bring together teens from all over the valley to create community and positive Jewish identity. JTOV sponsors regional events, JVCorps, Rosh Hodesh Groups, and JYoga.

**JVCorps** is a community service learning opportunity for teens in grades 7 and up. Teens volunteer one Thursday after school each month at the Amherst Survival Center helping to prepare, serve, and clean-up from dinner. Parents volunteer to co-chaperone and supervise each month and lead sessions to reflect on the teens' experience.



### Rosh Hodesh: It's a girl thing!

These are values-based, experiential and trans-denominational

monthly groups for female identified teens in grades 6-8 and 9-12 that help strengthen self-esteem and explore Jewish identity.

### JYoga

Jewish Yoga for Teens is held monthly and integrates Jewish themes into a 1.5 hour yoga class. This program provides a spiritual experience for teens in grades 6-12 that integrates the body, mind, and spirit.





**Come with JCAT and go  
WHITE WATER  
RAFTING**

**on the Deerfield River!**



**Monday, September 7, 2009**

**(RAIN OR SHINE— we are getting wet anyways!)**

**9:00am drop-off/5:30pm pick-up at the JCA**

**Zoar Outdoor, Charlemont, MA**

**\$45 for JCAT members/**

**\$70 for non-members**

**BEFORE Aug. 14th.**

**\*\*PLEASE NOTE: After August 14th, the price will be \$70 for JCAT members and \$85 for non-members . PLEASE get your permission slips and money in EARLY. NO EXCEPTIONS.**

**Come join us for the annual rafting trip-**

**Open to 7th graders (or 12 year olds) and older!**

**You MUST reserve a spot by sending in full payment and the signed permission slips by August 14th.**

**After August 14th, the discount is no longer available. Sorry, no exceptions.**

This program is sponsored by the JCA Teen Group and partially funded by the Harold Grinspoon Foundation Teen Initiative Grant.



**JCAT**

Jewish Community of Amherst Teen

## ***What Are You Looking Forward To Most About High Holidays at JCA?***

by Andra Rose, Co-chair, High Holidays Committee

The Holidays are almost here again. After the holidays last year, many of you kindly completed the Holidays survey. We offer a few of these quotes back to you now so you can look forward to:

*...the sights and sounds of the Holidays*

*I am always moved by seeing crowds of Jews come together.*

*I love hearing a good shofar blast!*

*Every year the voices of the service leaders and the congregation united in prayer and song provide great comfort for me.*

*The best parts for me are usually the musical moments when our voices are strong and harmonized.*

*...celebrating our differences*

*I thought it was great that the people who want the shorter service could have it and it was also great that the people with little kids could have their own family service.*

*I enjoy the song leading and seeing so many members I haven't seen in a while. I also enjoyed hiking the 2nd day of Rosh Hashanah and it was a great option.*

*...the opportunities for spiritual connection*

*One of my favorite parts of last year was during the Reconstructionist service when the Rabbi called up anyone who had been through a transformation of sorts to come up to the Bimah for an aliya and I was able to bring my 3 month old son with me and receive a special blessing.*

*The sermon on Erev YK was very touching and powerful. I also REALLY enjoyed being a greeter for YK morning. Thanks for that opportunity and I hope I get to do it again.*

## ***High Holiday Volunteers Needed***

Please do volunteer to help again this year. We still need greeters, parking attendants, set up and clean up crews (Sunday, 9/6, from 2-5pm is Clean Up Day), and the loan of your beautiful, large potted plants to decorate the bima. Please contact Andra Rose, ar@andrarose.com, or Guy Wood, guy@svcable.net.

***Family Service Leader asks Families to Tell their Stories***  
by Andra Rose

What to do when you can't blow the Shofar on Rosh Hashanah?

On Saturday, September 19th, families with young children will gather to celebrate Rosh Hashanah from 11:30 am to 12:30 pm. When Rosh Hashanah falls on Shabbat we don't blow the Shofar. Of course you can hear the Shofar blast on the second day of Rosh Hashanah either at the services in the sanctuary or, if you join the hike, from the top of Bare Mountain.

Ruhi Sophia Rubenstein has an answer for our Rosh Hashanah Family Service that will help you start preparing for the new year. Ruhi will be leading our family services, the Mountain Service, and the program for nine to twelve year olds, as well as some other parts of services. She comes to us

a few years after graduating from Smith College and just as she is starting her first year at the Reconstructionist Rabbinical College. She has spent much of the last two years learning and teaching in the Jewish Environmental movement.

Ruhi invites families to write down stories from their lives to share with others during the Family Service. Instead of calling out through the Shofar blasts, families will call out through stories with their own voices.

There are three themes associated with the traditional Shofar Service which your stories might address: God's Majesty, Remembering the Good, Calling Out.

1. Malchuyot (God's Majesty) Tell a story about a time last year when you felt part of something bigger than you.
2. Zichronot (Remembering): Tell a story about a time last year when you were at your best.
3. Shofarot (Calling/reaching out): Tell about a time, place or experience when you felt like calling out for help.

Bring your stories to the Family Service in a form that you can share. Children might want to illustrate their story(ies) with pictures. We will have a chance to tell our stories to a small group during the Rosh Hashanah service.



### ***Rosh Hashanah***

#### **Erev Rosh Hashanah- Friday, September 18**

5:45 PM- Reconstructionist Service

Service Leader: Rabbi Bauer

Cantor: Amy Rothenberg

5:45 PM- Teen Schmooze/Service

8:15 PM- Masorti Service

Service Leader: Rabbi Bauer

Cantor: Catherine Madsen



#### **Rosh Hashanah, Day 1- Saturday September 19**

9:00 AM- Reconstructionist Service

Service Leader: Rabbi Bauer

Cantor: Rhonda Shapiro-Rieser

9:30 AM- Masorti Service (Shacharit)

Service Leaders: Ellen Bernstein & Amy Rothenberg

12:00 PM- Masorti Service (Musaf)

Service Leader: Rabbi Bauer

Cantor: Catherine Madsen

#### **Youth Services and Activities**

10:00 AM- "Shofarot" for ages 9–12

With Ruhi Sophia Rubenstein

11:30 AM- Family Service

Service Leader: Ruhi Sophia Rubenstein



#### **Rosh Hashanah, Day 2- Sunday, September 20**

9:30 AM- Masorti Service

The first part of the service will be Reconstructionist, however, there will be a musaf service in the masorti style

Shacharit Leaders: Rabbi Bauer, Sara Schley, Felicia Mednick

Musaf Service Leaders: Rabbi Bauer & Catherine Madsen

10:00 AM- Hiking Service

Meet at the Notch Visitor Center

4:00 PM- Tashlich at Groff Park



### ***Yom Kippur***

#### **Kol Nidre- Sunday, September 27**

5:45 PM- Reconstructionist Service

Service Leader: Rabbi Bauer

Cantor: Amy Rothenberg

8:15 PM- Masorti Service

Service Leader: Rabbi Bauer

Cantor: Catherine Madsen

#### **Yom Kippur- Monday, September 28**

9:00 AM- Reconstructionist Service

Service Leader: Rabbi Bauer

Cantor: Rhonda Shapiro-Rieser

9:30 AM- Masorti Service (Yiskor at ~11:45 AM)

Service Leaders: Larry Fine & Batya Perman

12:15 PM- Musaf Service

Service Leader: Rabbi Bauer

Cantor: Catherine Madsen

5:00 PM- Minchah/Ne'ilah

Minchah Service Leaders: Sam Gladstone & Rabbi Bauer

Ne'ilah Service Leaders: Catherine Madsen & Rabbi Bauer

#### **Youth Services and Activities**

10:00 AM- "Shofarot" for ages 9–12

With Ruhi Sophia Rubenstein

11:30 AM- Family Service

Service Leader: Ruhi Sophia Rubenstein



## 2009 - Yom Kippur Yiskor List - 5770

As a member of our community, you are invited to submit the name(s) of deceased loved ones for inclusion in the Yom Kippur Yiskor (memorial) service. *Once again, we are generating a new list. Even if a name has been included in previous years, you must resubmit the name.* All names submitted will be listed in the memorial booklet. Please note the date of death (month and year) if the person to be remembered passed away in the Jewish year 5769. Only the names of those who passed away in 5769 will be read aloud at the Yiskor service.

It is customary to offer a tzedakah donation in any amount in memory of those persons whose names are listed. However, all names are welcome as part of our community's Yom Kippur service, whether or not a donation has been made. To make a tzedakah donation of any amount, please submit this completed form to the office.

### PART I

Your Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

### PART II (Required: PLEASE PRINT LEGIBLY and include pronunciation if necessary)

Person/s to be remembered: \_\_\_\_\_  
 Relationship to you: \_\_\_\_\_  
 Date of death (if in 5769): \_\_\_\_\_

Person/s to be remembered: \_\_\_\_\_  
 Relationship to you: \_\_\_\_\_  
 Date of death (if in 5769): \_\_\_\_\_

### PART III (Optional)

I/We would like to offer a tzedakah donation of \$\_\_\_\_\_.

- I am mailing or delivering a check to the office.  
 I am calling or faxing my credit card information to the office.  
 Please bill my credit card.  VISA  M/C

Credit card #: \_\_\_\_\_

Exp Date: \_\_\_\_\_ 3 digit security #: \_\_\_\_\_

Signature: \_\_\_\_\_

**To ensure inclusion in the Yiskor service booklet, please return by  
 Sept. 8th to: YISKOR LIST, JCA, 742 Main St., Amherst MA 01002.**

### Open Door Donations

We open our doors and our hearts not only at the High Holidays, but throughout the year. A critical part of what keeps our doors open is giving from members and friends who believe in our community and sustain it with their gifts of time and money.

Introduced last year in recognition of our “open door” policy, the Open Door Fund helps cover the costs of our High Holiday services and ensures that no one is turned away from being able to pray with our community. To contribute to this fund, please complete this form and submit it with payment to the JCA.

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

**I am making a contribution to the JCA’s Open Door Fund in the amount of \$ \_\_\_\_\_.**

- I am enclosing a check.
- I am calling or faxing my credit card information to the office.
- Please bill my credit card.    VISA       M/C

Credit card # : \_\_\_\_\_

Exp Date: \_\_\_\_\_ 3 digit security #: \_\_\_\_\_

Signature: \_\_\_\_\_

#### ***Bring Beauty to the High Holidays!***

Do you like to see the immediate effects of your efforts? Join the clean up crew for the High Holidays. We will make the building shine inside and out on the Sunday of Labor Day weekend, September 6th, from 2:00pm to 5:00pm. We’ll supply the plants, supplies, and tools, you supply the gevurah (strength, focus). This is a meaningful way to contribute to the community while preparing your body and soul for the Holidays. Kids welcome!

*Contact Guy Wood, [guy@svcable.net](mailto:guy@svcable.net), or  
Andra Rose, [ar@andrarose.com](mailto:ar@andrarose.com),  
to volunteer or just show up!*

#### ***Are you a Jewish Foodie?***

Who doesn’t love dipping apples in honey or tasting that first delicious bite after fasting? You can be the first one to sample the delicious honey cakes our best bakers donate for the Rosh Hashanah Oneg. Help organize, set up, or clean up the food that we all love to gather around at the High Holidays. We’re looking for bagel haulers and break fast menu planners.

Contact Guy Wood, [guy@svcable.net](mailto:guy@svcable.net), or Andra Rose, [ar@andrarose.com](mailto:ar@andrarose.com), to volunteer.

The Jewish Community of Amherst  
Will be Having its Annual

**New and Prospective Member Open House**

on  
**Thursday, September 3, 2009**  
**5:30 to 7:00 PM**

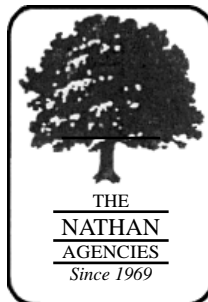
If you are new to the JCA or considering  
joining the JCA please join us.

Please pass this on to anyone you know who  
might be interested or considering the JCA.

For more information:

[info@j-c-a.org](mailto:info@j-c-a.org)

or call Oran Kaufman, 256-1575



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### Support the Troops – an act of gemilut hasadim

This past Spring, Sgt. Jeff Peddar, USMC spoke about his tour of duty in Iraq and his expectations for the next one for him and his unit beginning October 2009. As a community, the JCA can make this experience less lonely and deprived. These troops are mostly young people who are spending a year away from home and the support of loved ones. The JCA can support these young people with care packages. In consultation with Rabbi Bauer, we've decided to set some specific dates when packages will be sent, no matter how large or small (let's send big packages!) The ideal dates are: Early October, mid-December, February, April, June and August/September. I am looking for people willing to participate in any capacity, one time or more. We need people to volunteer for tasks such as:

- Donating/Preparing items to send. Some examples are:
  - Baking brownies or cookies
  - Buying prepared foods (for a break from the standard mess meals)
  - Purchasing DVD's videos, magazines
- Writing newsy letters and including newspaper clippings of sports events, and other items of interest (non-political)
- Attending and/or recruiting volunteers for a packing party to prepare the items for mailing overseas (the Rabbi has offered to provide food!)
- Bringing the package(s) to the Post Office for mailing
- Soliciting donations for packing materials and mailing costs

It would be very helpful to have a few people to coordinate some of these activities, which may include calling people to remind them of when things are needed.

If you're interested or have questions, please contact me, Helena Donovan, either by email ([fhdonovan@yahoo.com](mailto:fhdonovan@yahoo.com)) or by phone before 9:30 PM, at 549-2841.

<div style="display: flex; justify-content: space-between; align-items: center;">   </div> <p style="text-align: center;"><b>Ann J. Hastings</b></p> <p style="text-align: center;">REALTOR®, ABR, CRS, GRI, SRES  <a href="mailto:annhastings@comcast.net">annhastings@comcast.net</a>                  Home Office: 413•467•2299</p> <p>200 Triangle Street                  Amherst, MA 01002-2143                  (413) 549-3700 Ext. 156                  Outside MA: (800) 343-0688</p>	<h2 style="text-align: center;">Create <u>Your</u> Jewish Legacy...</h2> <p><b>What will be your legacy?</b></p> <p>Bring your charitable dreams to life with a planned gift to the JCA through the Create a Jewish Legacy of Western Massachusetts program. There are many different ways to leave your own legacy. Your legacy can reflect everything that is most important and meaningful to you. The act of creating a legacy empowers you to complete the work of your heart, and to enjoy the peace that it brings. You are assured that your work will continue and the Jewish future will be bright.</p> <p style="text-align: center;"><i>...through a gift in Your Estate</i></p> <p>To learn more, please contact David Sharken, chair of JCA's Ldor Vdor committee at 413.439.1955 or <a href="mailto:ledorvador@j-c-a.org">ledorvador@j-c-a.org</a> or go to <a href="http://www.jewishlegacywesternmass.org">www.jewishlegacywesternmass.org</a></p> <div style="text-align: right;">  <p><b>Leave a Jewish Legacy</b></p> </div>
 <p>Financial Services for Individuals and Small Businesses</p> <p style="text-align: center;"><b>Allen J. Davis</b></p> <p style="text-align: center;">CERTIFIED FINANCIAL PLANNER™</p> <p style="text-align: center;">4 Bay Road, Suite 101   Hadley, MA 01035                  tel:413-584-3098   fax:413-387-6792                  email:<a href="mailto:ajdavis@finsvsc.com">ajdavis@finsvsc.com</a>  <a href="http://www.allendavis.com">www.allendavis.com</a></p>	

**Project Rehovot Tag Sale**

There will be a tag sale to raise funds for the needs of the children that we support in Rehovot Israel.

Please bring all your unused but (with life and value still left in them) treasures!!

It will be at the house of Jody Wax and Tom Butler 433 South Pleasant Street Amherst, MA on October 3 and 4th.

For dropping things off, please call to make arrangements @ (413) 256-0250.



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JCA Member	\$ 30	\$ 110.00	\$ 242.00
<i>rate per issue</i>		\$ 27.50	\$ 22.00

**¼ Sheet - 3.5 x 4.75**

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Non-Member	\$ 68.00	\$ 225.00	\$ 515.00
<i>rate per issue</i>		\$ 56.25	\$ 46.81
JCA Member	\$ 54.00	\$ 180.00	\$ 420.00
<i>rate per issue</i>		\$ 45.00	\$ 38.18


**½ Sheet - 4.75 x 7**

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Non-Member	\$ 124.00	\$ 420.00	\$ 955.00
<i>rate per issue</i>		\$ 105.00	\$ 86.81
JCA Member	\$ 100.00	\$ 340.00	\$ 680.00
<i>rate per issue</i>		\$ 85.00	\$ 61.82

**Full Sheet - 7 x 9.5**

	1 issue	4 issues	11 issues
Non-Member	\$ 225.00	\$ 755.00	\$ 1750.00
<i>rate per issue</i>		\$ 188.75	\$ 159.09
JCA Member	\$ 180.00	\$ 605.00	\$ 1390.00
<i>rate per issue</i>		\$ 151.25	\$ 126.36

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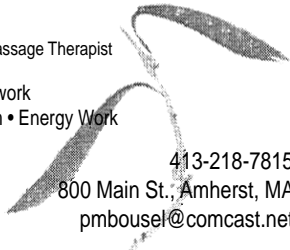
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Save the Date

## JCA's *Stimulus* Dinner/Dance

Saturday, November 14th, 2009

6:30-10:00 pm

JCA Social Hall

The evening includes:

- A delectable meze buffet prepared by the Project Rehovot Catering Committee
- Dancing tunes by DJ Chris Bigelow of Cloud 9 Productions
- Tantalizing silent auction items
- Amusing tales from national economic advisor, and JCA member, Robert Pollin

*Stimulate* your senses!

*Stimulate* your dancing feet!

*Stimulate* your social connections!

*Stimulate* the JCA budget!

Watch for October invitations and ticket sales. For further information or to volunteer, contact: Susan Weinstein, [susanweinstein1@yahoo.com](mailto:susanweinstein1@yahoo.com), 413.548.9552.

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**Donations**

**Children’s Scholarship Fund**

In Honor of the birth of Jacob Lev Blumenthal, grandson of Joan & Monroe Rabin (Barbara & Ted Slovin)  
 In Honor of our grandson Jack Lyonn Slovin’s birth (Barbara & Ted Slovin)

**High Holiday Donations**

Barbara Jenkins & Eli Kwartler

**Prayerbook Fund**

In Memory of my sister, Lois Litt, at the commemoration of her Yahrzeit (Allan Feldman)  
 In Honor of Florence Cohen (Lori Holder-Webb & Jeffrey Cohen)  
 In Memory of Martin Horowitz, father of Michelle, grandfather of Brielle Diamond, and father-in-law of Ruth Lewin (Aaron & Patience Bousel)  
 In Memory of Fran Kaufman, mother of Jill Kaufman, mother-in-law of Av Harris and grandmother of Lily and Nora Harris and Peter, Samantha, and Dustin Goldberg (Aaron & Patience Bousel)  
 In Memory of Carolyn Gouverneur , mother of Eliza Gouverneur and mother-in-law of Richard Cohen (Aaron & Patience Bousel)  
 In Honor of the birth of Jacob Lev Blumenthal, grandson of Joan & Monroe Rabin (Aaron & Patience Bousel)  
 In Memory of George Bousel, father of Aaron Bousel, on the occasion of his Yahrzeit. (Aaron & Patience Bousel)

**Condolences**

*We offer our sympathy and heartfelt condolences to the families and friends of those who have recently died:*  
 Carolyn Gouverneur, mother of Eliza Gouverneur and mother-in-law of Richard Cohen

**New Members**

*We warmly welcome the following new members to the JCA community.*  
 Yahara Katzeff

If someone in your family, or someone you know in the community, is ill and/or in the hospital, please contact Rabbi Bauer or the Chesed Committee by calling the office (256-0160). Even if visits or phone calls are not desired, it is important for us as a community to be aware of the health and well being of our members and their families. We cannot help if we don't know.



**SHARE YOUR CELEBRATION  
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Linda Cooper, Events Coordinator will make all the arrangements. Call her at 256-0160 ext. 207

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## Community Announcements

### **Gan Keshet Preschool**

Gan Keshet Preschool has openings available for the 2009-10 school year. We offer a rich, stimulating play-based learning environment. Please note your family might qualify for a grant from the HGF Right Start Program. The eligibility guidelines are few. Visit the HGF website, [www.pjlibrary.org/right-start.php](http://www.pjlibrary.org/right-start.php) to learn more. Families, who qualify, receive \$500 - \$1000 towards tuition.

For additional information and/or to arrange a visit, please contact our Director, Wendy Stein at 584-3593 x204.

### **Mak'hela: The Jewish Chorus of Western Massachusetts**

If you think you might like to join us for our new season, come sing with us at one or both of our open rehearsals on Tuesday, September 8, 2009 at the Jewish Community Center in Springfield and on Tuesday, September 15, 2009 at Congregation B'nai Israel in Northampton. Both rehearsals begin at 7:30 pm as do our weekly practices at Lander-Grinspoon Academy in Northampton. You would be welcome! Although we seek choral singers on all voice parts, sopranos, tenors, and basses are strongly encouraged to participate. Mak'hela is dedicated to performing works from all facets of the Jewish world. An integral part of our vision is to break down the artificial barriers among the Jewish and secular communities, and differences within Jewish communities. The chorus plays an educational role in promoting Jewish music of all types and eras, as well as Jewish values, building bridges to understanding and respect, using the universal language of music. We perform in synagogues and concert halls throughout the Pioneer Valley. For more information, contact Bonnie Mikesh at: [cbpmikesh@comcast.net](mailto:cbpmikesh@comcast.net) or 413-567-3927 or visit us online at [www.makhela.org](http://www.makhela.org)

Mak'hela is supported in part by a grant from the Jewish Arts & Culture Initiative of the Harold Grinspoon Foundation.

### **Hadassah**

Please join us for a very interesting Opening Meeting  
Wednesday, September 9, 2009  
7:30 p.m.

Congregation B'nai Israel, Prospect Street, Northampton

We will honor Lois Siegel for her many years of dedication and service to Hadassah

### **Guest Speaker**

Dr. Lawrence Schiffman, Hadassah Associate, who will speak about his and wife Susan's tour of Hadassah Hospital at Ein Kerem, Jerusalem, and the fascinating research being done there. We will also view some of the photographs taken at this hospital by Leonard Kamins, Hadassah Associate

As always guests are invited and welcome!

Coffee, Tea and Dessert will be served

*Watch For Your Invitation to Hadassah's*

### **Gala Luncheon**

Featuring  
Seth Rogovoy  
in

Rockin' the Shtetl,  
a One Man Multi-Media Program  
about Klezmer.

Sunday, October 25, 2009  
12:30 noon

Courtyard by Marriott  
Hadley, Massachusetts

Seth Rogovoy is editor-in-chief of *Berkshire Living*, an award winning magazine serving the greater Berkshire region. He is the author of *The Essential Klezmer: a Music Lover's Guide to Jewish Roots and Soul Music*, the all-time best selling guide to klezmer music. His program, *Rockin' the Shtetl*,

has been presented at universities, museums, cultural centers and synagogues across the United States and England.

All proceeds from this event will help to support the Hadassah Medical Organization.

### **UMass Hillel's 3rd Annual Ride to Provide, September 13**

This year's Ride to Provide - a community bike ride to celebrate Sukkot and to help raise money to support Hillel's community service programs and projects - is on Sunday, September 13; just before Rosh Hashanah and coinciding with the new school year. "A New Year Ride" has planned 9, 18 and 36 mile bike routes, with a rest stop for apples and honey. Sponsorship and participation of groups from synagogues and other community organizations is needed! Last year's Ride to Provide raised more than \$52,000 for UMass Hillel students to participate in tikkun olam (repairing the world). For more info. contact: Courtney Pupkin at 781-857-2911 or [cpupkin@external.umass.edu](mailto:cpupkin@external.umass.edu).

### **Meditation Group**

Thursday Morning "Lecha Dumiyah Tehillah"\* Meditation Group

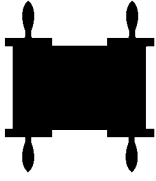
Every Thursday in the CBI Library, from 8:00 to 9:00 a.m.

Led by Rabbis Nancy Flam and Sheila Peltz Weinberg

Please know that is not an instructional group. Rather, each of us comes with our own silent meditation or prayer practice and draws strength and affirmation for our deep, inner work by being together in community.

- Arrive & Settling In: 8:00 – 8:15 a.m.
- Setting of Kavvanah/Teaching: 8:15 – 8:25 a.m.
- Bell to begin silent meditation: 8:25 a.m.
- Bell to end silent meditation: 8:55 a.m.

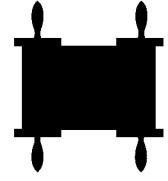
\* "To You silence is praise."  
Psalm 65:2



*Jewish Community of Amherst*

# September 2009

12 Elul ~ 12 Tishre



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 12 ELUL	2 13 ELUL 7:30 pm Religion Committee 7:30 pm Book Group	3 14 ELUL 5:30-7:00 pm <b>New and prospective member open house</b> 7:30 pm Board Meeting	4 15 ELUL 7:01 5:30 pm Intergenerational family service followed by potluck supper	5 16 ELUL Ki Tavo 10:00 am Reconstructionist Service 10:00 am Masorti Service 4:00 pm Mincha Service <b>Bat Mitzvah:</b> <b>Lily Blain</b>
6 17 ELUL 2:00 pm <b>Clean Up Day</b>	7 18 ELUL Labor Day	8 19 ELUL 7:30 am Shacharit Minyan	9 20 ELUL 7:30 am Shacharit Meditation 7:30 pm Chesed Committee	10 21 ELUL 7:30 pm Board Meeting	11 22 ELUL 6:48 6:15 pm Service <b>Newsletter Deadline</b>	12 23 ELUL Nitzavim - Vayelech 10:00 am Service 10:00 am 7th Grade with Parents 10:30 am Shabbat Shalom for enrolled 4-6 year olds
13 24 ELUL Selichot Begin <b>JCA School Opening Day</b>	14 25 ELUL	15 26 ELUL 7:30 am Shacharit Minyan	16 27 ELUL 7:30 am Shacharit Meditation 6:00 pm Education Committee	17 28 ELUL	18 29 ELUL Erev Rosh Hashanah 6:36	19 1 TISHRE Rosh Hashanah - Day 1 No 7th Grade
20 2 TISHRE Rosh Hashanah - Day 2 No JCA School	21 3 TISHRE Fast of Gedaliah	22 4 TISHRE 7:30 am Shacharit Minyan	23 5 TISHRE 7:30 am Shacharit Meditation	24 6 TISHRE	25 7 TISHRE 6:24 6:15 pm Carlebach style service followed by potluck supper	26 8 TISHRE Ha'azinu 10:00 am Service
27 9 TISHRE Erev Yom Kippur 6:20 No JCA School	28 10 TISHRE Yom Kippur	29 11 TISHRE 7:30 am Shacharit Minyan	30 12 TISHRE 7:30 am Shacharit Meditation			

See page 11 for a schedule of High Holidays services.

*Jewish Community of Amherst*  
*742 Main Street*  
*Amherst, MA 01002*

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*September 3*  
**JCA Open House**  
**for New and Prospective Members**  
**(see page 14)**

*September 6*  
**Clean Up Day (see page 13)**

*September 12*  
**Selichot (see page 5)**

